



Green Minute

Small changes can make a big difference in reducing our carbon footprint and creating a more sustainable work-from-home environment, for example, reducing waste helps combat climate change by lowering greenhouse gas emissions from landfills, conserving resources and minimising energy consumption in production processes.

Share your environmental and sustainable ideas with the PSR Social Value Team:

PSRSocialValueTeam@weareams.com

For more hints and tips visit:

- [Work From Home: 10 Tips to Reduce Your Carbon Footprint](#)
- [7 Best Practices for Eco-Friendly Remote Work](#)
- [Working From Home Sustainability Tips - 9 EASY Ways to Go Green!](#)



Optimise Natural Lighting

Set up your workspace in an area with plenty of natural light. This can cut down on the use of artificial lighting during your workday, as well as save money.



Reduce Waste

Recycle properly by utilising recycling bins, compost organic waste and reduce purchase of single-use plastics. Go digital, use less paper.



Minimise Energy Use

Use Energy-Efficient Devices, such as smart thermostats, switch to LED bulbs, use ceiling fans instead of air conditioning.

Remember to unplug devices when not in use. Enable power-saving modes on your computer and other devices to enter sleep mode after a period of inactivity



Sustainable Commuting Alternatives

Could you use alternative transportation other than your car? perhaps walk, cycle, catch the bus or train. Car share with colleagues, if feasible.



Conserve Water

Be mindful of your water usage. Could you turn off the tap whilst brushing teeth, or when washing dishes? Could you use your cup to fill the kettle with water, to avoid overfilling? Could you use a reusable water bottle instead of a plastic one?



Energy Performance Certificate

Did you know that you can quickly find out how energy efficient your home is by clicking on the [Gov..uk](https://www.gov.uk) website.

Just input your postcode to receive a personalised report and recommendations to make your home more energy efficient. As well as some helpful money saving suggestions!